DELTA COUNTY BARRACUDA
Short Distance Mixed Swim Meet
May 3rd 2008

Sponsor: The Delta County Barracuda Swim Team and the City of Delta

Sanction: Held under the sanction of Colorado Swimming, Inc. of USA Sanction Number # 2008-009C

Facilities: Bill Heddles Recreation Center
530 Gunnison River Road
Delta, CO 81416
(970) 874-0923

Pool: The Recreation Center pool is an indoor, 6 lane, 25 yard pool with non-turbulent lane dividers. Continuous warm-up and cool down in tot pool.

Timing Equipment: Three (3) timers per lane. One (1) place judges will be in position for all events.

Eligibility: Open to all Western Slope League swimmers holding a 2008 USA Swimming membership card. Any Swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card or they will be deck registered before they can enter the water. A surcharge for deck registration will also apply, $27.00 for year round, $14.00 for seasonal plus normal registration fee. All efforts will be made to contact the team prior to the meet.

Scoring: No Individual High Point Awards will be given .
No points will be given for relays. Team points will not be kept.

Awards: Individual Events:
Medals for 1st through 3rd place;
Ribbons for 4th through 12th place.

Please Note: This meet is a mixed gender meet and will be scored as such

Entry, Clinic Fees:

Entry fee will be:

- $ 20.00 for up to 4 swims and 1 relay
- $ 40.00 for up to 4 swims, 1 relays and freestyle clinic
  clinic is limited to 50 swimmer
- $ 30.00 for clinic only
- Swimmers will be notified, and the monies for the clinic portion will be reimbursed, if the clinic is full by the time they register

Make one check payable to: Delta Barracuda Swim Team
(.15 goes to the Zone 4 Fund)
Officials will be refunded $5.00 per child participating in the meet

Entry Deadline: **Entries must be postmarked by Midnight,April 28th 2008**
Individual late entries will not be accepted
On deck registration will not be permitted.

Schedule: See Attached

Programs/ Results:

Programs will be available at a cost of $1.00
Final results will be provided at the end of the meet to coaches of teams entered in the meet.
Final results may be ordered by others for $5.00 and will be mailed within 5 days.

Rules:

Current USA rules will govern the procedures of the meet.

a. Age as of May 3rd , 2008 will determine the swimmer's age group.
b. Swimmers may enter a maximum of four (4) individual events per day plus One (1) relay.
c. All events will be swum as timed finals with a minimum of 5 minutes between swims.
d. Entries will be pre-seeded by the time submitted.
e. Clerk of Course must be notified of scratches.
f. There will be NO heating area for 8 & Under events. All swimmers must report to the assigned lane and heat at the proper time.
g. Each team will be responsible for providing lane timers.
h. No smoking allowed in the facility.
i. No glass allowed in the deck area.
j. Referee will be the final authority on all swimming procedures of the Meet.

Entry Procedures: All times are to be shown in YARDS.
Please submit TM zip-file entries to the following e-mail address:

E-Mail: deltabarracudas@tds.net

Send, as a back up, 2 hard copy printouts of Team Manager "Meet Entries" report and entry time in SCY for all sessions.
Also included with the entries must be the COLORADO SWIMMING MEET VERIFICATION FORM.

ALL ENTRIES MUST BE SENT TO THE ENTRY CHAIRMAN:
Sue Barnosky
22084 R Road
Cedaredge Co 81413
970-8567-7267

DO NOT SEND ENTRIES TO THE POOL

At the time the master sheets are mailed to the Entry Chairman include a copy of the coach's current certification in CPR, First Aid, and Safety Training for Swim Coaches.
Coaches must wear their current USA card on deck.

Meet Officers:

Meet Director:	Susanna Fuerste-Fry	(970) 874-5777 W
		(970) 874-3028 H
Club President:	Jim Barnosky	(970) 856-7267 H

Safety Chairman: Jim Barnosky

Meet Referee: Rockie Fry

Warm-Up Procedures: GENERAL WARM-UP SESSION (first 20 minutes)

- NO DIVING – Swimmers must enter the water feet first
- No sprinting or pace work
- All lanes will be used for general warm-up

SPECIFIC WARM-UP SESSION (second 20 minutes)

- Push/Pace - Lanes 1 & 6
- Race Starts/Sprints – Lanes 2 & 5
- General – Lanes 3 & 4

Push/Pace Lanes: Push off one or two lengths form starting end, circle swimming only. NO DIVING, feet first entries only.
Racing Starts: Sprint lanes for race starts from blocks or for backstroke starts in specified lanes at designated times.
General: NO DIVING, feet first entries only. Circle swimming only.

Special Information: **Mixed relay teams must have at least one girl or boy on the relay team**

Facility Information: The aquatic complex deck will be closed to the general public (including swim parents). No public swim will be available during the meet.

ONLY OFFICIALS, TIMERS, HELPERS, COACHES, AND SWIMMERS WILL BE ALLOWED ON DECK!

The mezzanine overlooking the pool will be open for all to observe the meet.

NO TENTS ON THE LAWN PLEASE.

NO PETS ON RECREATION CENTER PROPERTY.

PARK IN DESIGNATED PARKING AREAS.

Any damage to any area of the Recreation Center and pool area will be grounds for dismissal from the meet. Teams with swimmers responsible for the damage will be billed for all damages.

No smoking in any area of the recreation center facility
No alcohol beverages are allowed in any area of the recreation center facility.

All participants by entry will release the City of Delta, it officers, agents, and employees from liability for any and all injuries or damages which may result. Further, the participant agrees to hold harmless the City of Delta, its officers, agents and employees, for any damages or personal injury which may result from activities occurring on the property of the City of Delta which is used in conjunction with the Delta Barracuda Swim Meet.

Colorado Swimming, Inc does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmers responsibility to know the contents of any food or drink he/she ingest. For more specific information on supplements please refer to the drug information on the USA swimming web-site at usaswimming.org.