

2009 CO DELTA BARRACUDA
Double Dual
Ouray, Delta, Grand Valley Waves
June 9th 2009

- Sponsor:** The Delta County Barracuda Swim Team and the City of Delta
- Sanction:** Held under the sanction of Colorado Swimming, Inc. of USA Sanction Number # 2009 -
- Facilities:** Bill Heddles Recreation Center
530 Gunnison River Road
Delta, CO 81416
(970) 874-0923
- Pool:** The Recreation Center pool is an indoor, 6 lane, 25 yard pool with non-turbulent lane dividers. Continuous warm-up and cool down in tot pool.
- Timing Equipment:** Three (3) timers per lane. One (1) place judges will be in position for all events.
- Eligibility:** Open to Ouray Screaming Eel's, Delta Barracudas and Grand Valley Wave swimmers holding a 2009USA Swimming membership card. Any Swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card or they will be deck registered before they can enter the water. A surcharge for deck registration will also apply, \$30.00 for year round, \$15.00 for seasonal plus normal registration fee. All efforts will be made to contact the team prior to the meet.
- Scoring:** No Individual High Point Awards will be given .
- Awards:** No awards will be given
- Rules:** Current USA rules will govern the procedures of the meet.
- a. Age as of June 9th , 2009 will determine the swimmer's age group.
 - b. Swimmers may enter a
maximum of three (3) individual events per day
 - c. All events will be swum as timed finals with a minimum of 5 minutes between swims.
 - d. Entries will be pre-seeded by the time submitted.
 - e. Clerk of Course must be notified of scratches.
 - f. There will be NO heating area for 8 & Under events. All swimmers must report to the assigned lane and heat at the proper time.
 - g. Each team will be responsible for providing lane timers.
 - h. No smoking allowed in the facility.
 - i. No glass allowed in the deck area.
- Referee will be the final authority on all swimming procedures of the Meet.
- Schedule:** last page

Entry Procedures:

All times are to be shown in YARDS.

Method 1:

Please submit all TM zip-file entries to the following e-mail address:

E-Mail: deltabarracudas@tds.net

arriving at the pool on the day of the meet, please bring meet verification form and check for all entries made out to the Delta Barracudas.

Method 2:

Please submit all TM zip0 file entries to the above e-mail address.

Then send your TM entries report(hard copy), meet verification form and check to:

**Sue Barnosky
Registrar Delta Barracudas
22084 R Road
Cedaredge Co 81413**

DO NOT SEND ENTRIES TO THE POOL

Make all checks out to the Delta Barracudas.
Coaches must wear their current USA card on deck.

Entry Fees:

Entry fee will be:

- \$10.00

Make one check payable to: Delta Barracuda Swim Team
(.15 goes to the Zone 4 Fund)

Officials will be refunded \$5.00 per child participating in the meet

Entry Deadline:

Entries must be postmarked by Midnight, June 8th 2009

Individual late entries will not be accepted
On deck registration will not be permitted.

Meet Officers:

Meet Director: Susanna Fuerste-Fry (970) 874-5777 W
(970) 874-3028 H

Club President: Sarah Knutson (970) 856-6118

Safety Chairman: Jim Barnosky (970) 856-7267

Meet Referee:

Sue Lorimer (970) 318-2024

**Programs/
Results:**

Programs will be available at a cost of \$1.00
Final results will be provided at the end of the meet to coaches of teams entered in the meet.
Final results may be ordered by others for \$5.00 and will be mailed within 5 days.

**Warm-Up
Procedures:**

General Warm-Up Session first 20 min

- NO DIVING – Swimmers must enter the water feet first
- No sprinting or pace work
- All lanes will be used for general warm-up

Specific Warm-Up Session 10 min

- Push/Pace - Lanes 1 & 6
- Race Starts/Sprints – Lanes 2 & 5
- General – Lanes 3 & 4

Push/Pace Lanes: Push off one or two lengths from starting end, circle swimming only. NO DIVING, feet first entries only.

Racing Starts: Sprint lanes for race starts from blocks or for backstroke starts in specified lanes at designated times.

General: NO DIVING, feet first entries only. Circle swimming only.

**Facility
Information:**

The aquatic complex deck will be closed to the general public (including swim parents). No public swim will be available during the meet. The mezzanine overlooking the pool will be open for all to observe the meet.

NO TENTS ON THE LAWN PLEASE.

NO PETS ON RECREATION CENTER PROPERTY.

PARK IN DESIGNATED PARKING AREAS.

Any damage to any area of the Recreation Center and pool area will be grounds for dismissal from the meet. Teams with swimmers responsible for the damage will be billed for all damages.

No smoking in any area of the recreation center facility.

No alcohol beverages are allowed in any area of the recreation center facility.

All participants by entry will release the City of Delta, its officers, agents, and employees from liability for any and all injuries or damages which may result.

Further, the participant agrees to hold harmless the City of Delta, its officers, agents and employees, for any damages or personal injury which may result from activities occurring on the property of the City of Delta which is used in conjunction with the Delta Barracuda Swim Meet.

Colorado Swimming, Inc does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmers responsibility to know the contents of any food or drink he/she ingest. For more specific information on supplements please refer to the drug information on the USA swimming web-site at usaswimming.org.

Delta Barracudas double Dual meet
June 9th
Events

Warm up 6:00 pm

Session Start 6:30

Mixed

1	open	50 Free
2	8& U	25 Back
3	12 & U	50 Back
4	open	100 Back
5	13& O	200 Back
6	8 & U	25 Free
7	open	100 Free
8	11 & O	200 Free
9	8 & U	25 Breast
10	12 & U	50 Breast
11	open	100 Breast
12	13 & O	200 Breast
13	8 & U	25 Fly
14	12 & U	50 Fly
15	open	100 Fly
16	12 & U	100 IM
17	13 & O	200 IM